

Notes ID	SH/15/9/2022	Language	English
Description	Discuss both views format	Targeted Exam	IELTS
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Discuss both views and give your opinion format
5 paragraphs approach always total 3 bps

TASK 2

Some people think that exercise is the key to health, while others feel that having a balanced diet is more important.

Discuss both views and give your opinion.

5 paragraphs essay

Combination essay of discussion and opinion essay

Introduction- rephrasing the statement + reveal your opinion

It is thought by some people that physical activities are crucial to attain good health. Whereas opponents believe that for getting a good health a perfect diet is necessary. In my opinion, both are equally vital for achieving a good health.

On the one hand, some people believe that exercise is paramount for a good body. This is because,

On the other hand, opponents argue that balance diet is more needed than sports, As,



Finally in my opinion, both a good food as well as a good amount of body movement is needed for a perfect health. Because,

To wrap up, although some say that,

_____ but I still believe that,



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